

YEARS 3-7

## **FIRST AID**

As a first-aider, you are better able to care for yourself and others in case of injury or sudden illness, relieve suffering or even save a life!

First aid training is of value in both preventing and treating sudden illness or accidental injury and in caring for large numbers of people caught in a natural disaster.

You can choose between basic first aid training (6 hour course) or the full first aid training (30 hour course) and take the examination upon completion of the training which will make you a qualified first-aider for 3 years.

For more information, please see Ms. Christoulla Polychroni.