



## **WEIR CAMP 2022 PERSONAL EFFECTS LIST**

***All participants must bring with them the following items:***

1. Two pairs of winter pyjamas.
2. 15 pairs of socks.
3. One or two long-sleeved shirts.
4. T shirts and sweat shirts (enough for 10 days).
5. Footer and jacket.
6. Shorts
7. Track suits
8. Two pairs of jeans.
9. **Two** pairs of sports shoes.
10. Toothbrush, toothpaste, brush or comb, soap, shampoo, hand cream, lip salve.
11. Slippers for shower and plastic bin bags for the dirty clothes
12. Face towels and bathroom towels( at least two sets).
13. **A sleeping bag, one blanket, two bed sheets and a pillow.**
14. **Sun hat.**
15. Flashlight.
16. Water flask.
17. Pocket money.
18. **Any personal medical supplements**
19. **Disposable plastic plates (strong durable material), forks, knives, spoons, plastic cups or mug. (Enough for 7 days, at least 40 sets).**
20. Insect repellent (cream or spray).

**Please note that it can become quite cold during the evening, so make sure that you bring with you appropriate clothing.**

If anyone has a talent (singing, dancing, playing an instrument etc.) then we recommend you to bring with you anything that might help a performance to take place (CD's, guitar etc.)

**YOU ARE NOT ALLOWED TO BRING TRICKS, LASER POINTS, MARKERS OR ANYTHING ELSE TO DISRUPT THE CAMP.**

**ALL STUDENTS SHOULD PRESENT A NEGATIVE RAPID OR PCR TEST BEFORE DEPARTURE, WITHIN 24 HOURS.**