



# SENIOR SCHOOL NEWSLETTER

MARCH - APRIL 2026



## Celebrating the Legacy and Future of our school

The recent event at the American Academy Larnaca, titled "From the Footprints of Yesterday to the Vision of Tomorrow", was a resounding success, bringing together alumni, distinguished guests and friends to celebrate the school's rich history and promising future. The evening featured insightful speeches from notable figures, including Dr. Anastasia Yiangou and Mr. Alexis Michaelides, who shared the Academy's founding story. The event also honoured the Academy's impact on shaping generations of successful graduates and included emotional testimonies from alumni. The night concluded with a heartfelt musical performance by Stavros Sideras and a reception that left attendees with lasting memories.

We are grateful to our teachers Mr. Christoforos Christofi and Mr. Andreas Andreou who conceived the idea for this event and undertook the planning and coordination with dedication and care. Their commitment was instrumental in bringing this evening to life and we are truly grateful for their hard work and vision.

We are proud of our two graduates, Michalis Nicolaou and Christodoulos Athanasiou (Class of 2017), for creating a truly inspiring video that captures the most significant milestones of our school's journey from 1908 to the present day.



## Message from the Principal

Dear Parents and Guardians,

As we approach the Easter holidays, I would like to reflect on the important weeks ahead and share a few reminders as we prepare for the final stretch of the academic year. For our Upper School students, the return from the break will bring them very close to the start of the external examinations. Our Lower School students will also be completing their last five weeks of lessons before moving into their final exam period.

In anticipation of this demanding time, we have provided our students with study skills and exam-preparation sessions, offering strategies to support effective revision and confident performance. For Years 1 and 2, these sessions have been scheduled for after the Easter break and we trust they will benefit greatly from the guidance when the time comes.

As always, our teachers remain committed to supporting every student. We expect our Upper School students to reach out to their teachers with any questions or concerns during the external examination period. Teachers will be available in the mornings and ready to schedule appointments to provide clarification, revision support, or any additional help needed.

I wish you all a restful, peaceful and enjoyable Easter break. May it bring renewed energy and focus for the important weeks ahead.

*Happy Easter!*



## Euromath & Euroscience 2026: Congratulations to our students!



Our school participated in the European Conference in Mathematics and Science, held in Paphos, from 12th–16th March 2026 and it was proudly represented by 21 Year 4 students.

All students performed exceptionally well and were highly praised for their enthusiasm, effort and conduct throughout the conference, fully embracing both the competitive and collaborative aspects of the event.

Congratulations to all our students for their excellent performance and for representing the school with such distinction.

We also extend our sincere thanks to the accompanying teachers for their guidance and support throughout the conference.



**2nd Place:** Science Group Presentation: Tzortzia Constantinidou, Stavriana Kyriakidou, Antrea Laoura Stavrou



**3rd Place:** Science Group Presentation: Marisa Irene Mavri, Vasilia Irene Michaila, Polyxeni Koshi, Anastassia Soloukidou



**2nd Place:** Mathematics Group Presentation: Loukia Leonida, Vasilia Panagiotou, Marina Theodorou, Myria Foulia



**1st prize:** Science individual presentation, and **1st prize:** Mathematics Individual Presentation: Nicola Savic





## This month in pictures



**VISIT AT ALPHA TV**

Earlier this month, Media Studies students and members of the Journalism Club visited Alpha Channel, gaining first-hand insight into the workings of a major media organisation. The visit provided a valuable opportunity to connect classroom learning with real-world practice, deepening students' understanding of the media industry. We extend our thanks to the Alpha Channel team for their warm welcome and informative tour.



**AGIA SKEPI VISIT**

A group of Year 4–7 students visited Ayia Skepi Therapeutic Community in Filani, Nicosia, gaining valuable insight into the work of one of Europe's leading rehabilitation centres. Founded by Machairas Monastery, Ayia Skepi supports individuals through a range of residential programmes, including a unique mother-child initiative. Students heard from Tina Pavlou (alumna, class of 1991), who spoke about the therapeutic process and the risks associated with substance abuse. The visit also included a powerful personal testimony from a programme graduate now working as a mentor, followed by a tour of the centre.



**MEDIMUN CONFERENCE**

A huge congratulations to our delegation for their exceptional performance at the 2026 Mediterranean Model United Nations (MEDIMUN) conference! Over three days of vigorous debates and powerful speeches, our students represented us with pride in the General Assembly sessions.



To celebrate World Poetry Day, the English and Art departments collaborated to help Year 3 students explore the significance of poetry in our lives. Through the project 'Rooted Tongues, Whole Selves', inspired by the IGCSE poems Half-Caste and Search for My Tongue, students delved into themes of identity, voice, culture, and inner conflict. They crafted wooden sculptures that visually reflected these themes, creating powerful representations of wholeness and self-discovery. These sculptures were displayed in the auditorium, alongside performances of poem excerpts, capturing the essence of the quote, *"a poet paints with words... each line becomes a brushstroke, each poem a canvas of thoughts and feelings"*.



**GEOGRAPHY TRIP**



First Geography in Action trip! Fifteen students explored Kritou Terra, learning about water systems, local heritage, and even observing bats using echolocation during an evening field study. On day two, they investigated freshwater ecology and completed a scenic hike to Kremiotis Waterfall, bringing together physical, human and environmental geography in an unforgettable outdoor learning experience.



## District Track and Field Event (Upper School)

Our school proudly hosted this year's District Track & Field Event for Upper School students on 10<sup>th</sup> March at GSZ.

A big well done to our PE department, students and supporting staff for their excellent organisation, teamwork and dedication in delivering a successful and memorable event. The day was marked by strong performances and a shared sense of pride across all participating schools. Events like these highlight the importance of perseverance, collaboration and striving for excellence both on and off the track.

Promoting active bodies and healthy minds remains at the heart of our approach, reinforcing the value of sport in supporting overall wellbeing and personal development.

## Sports Results 2025-26

Upper School	District Competition	
Track and field	1 <sup>st</sup> Place	Leandros Aresti (High Jump)
	1 <sup>st</sup> Place	Aleksandra Dubrovskaya
	2 <sup>nd</sup> Place	Kyriaki Rousou (100m)
	2 <sup>nd</sup> Place	Antonios Georgiou (1500m)
	2 <sup>nd</sup> Place	Myria Foulia (400m)
	3 <sup>rd</sup> Place	Andrianos Kitas (3000m)
	3 <sup>rd</sup> Place	Despoina Koutsou (1500m)
	Qualified	Marios Zenieris (2000m Steeplechase qualified for the Pancyprian Competition)
	Qualified	Maria Sophia Symeou (High Jump qualified for the Pancyprian Competition)
	Qualified	Daniella Biparva (Discus qualified for the Pancyprian Competition)





## Sports Results 2025-26

Upper School		District Championships	
Basketball	Girls	3 <sup>rd</sup> Place	
	Boys	2 <sup>nd</sup> Place	
Handball	Girls	3 <sup>rd</sup> Place	
	Boys	2 <sup>nd</sup> Place	
Volleyball	Boys	1 <sup>st</sup> Place	



Individual Sports		
Pancyprian Road Race	2 <sup>nd</sup> Place	Aleksandra Dubrovskaya
	2 <sup>nd</sup> Place	Michalis Michail
Pancyprian Swimming	2 <sup>nd</sup> Place	Julia Korotaeva (200m Freestyle)
	3 <sup>rd</sup> Place	Evangelia Tziortzi (200m Backstroke)
	2 <sup>nd</sup> Place	Anastasios Tziortzi (100m Backstroke)
	4 <sup>th</sup> Place	Sergiy Schegolev (100m Freestyle)
	6 <sup>th</sup> Place	Michalis Michail (400m Freestyle)
	4 <sup>th</sup> Place	Charlie Ronald Osborne (100m Breaststroke)
	5 <sup>th</sup> Place	Michalis Stylianos Sorokkos (200m Backstroke)
Pancyprian Rhythmic Gymnastics	2 <sup>nd</sup> Place	Aleksandra Dubrovskaya



## Sports Results 2025-26

Lower School	District Competition	
Track and field	1 <sup>st</sup> Place	Michalis Michail (1000m)
	1 <sup>st</sup> Place	Anastasios Tziortzis (High Jump)
	1 <sup>st</sup> Place	Christos Elia (600m)
	1 <sup>st</sup> Place	Rodolfos Venizelou (300m hurdles)
	1 <sup>st</sup> Place	Andreas Georgiou (300m)
	1 <sup>st</sup> Place	Elina Marina Milis (Triple Jump)
	2 <sup>nd</sup> Place	Mariliza Ioakeim (300m hurdles)
	2 <sup>nd</sup> Place	Andreas Kallenou (High Jump)
	2 <sup>nd</sup> Place	Elina Marina Milis, Mariliza Ioakeim, Andriana Vorka, Veronika Syvolap (4x100m Girls Relay)
	2 <sup>nd</sup> Place	Zoe Charitou (Pole Vault)
	3 <sup>rd</sup> Place	Lukas Ktistis 100m Hurdles
	3 <sup>rd</sup> Place	Lukas Kalligeris Shot Put
	3 <sup>rd</sup> Place	Rodolfos Venizelou, Anastasis Pavlou, Andreas Georgiou, Anastasios Tziortzis (4x100m Boys Relay)
	3 <sup>rd</sup> Place	Constantina Pieris (1000m)

Lower School	Championships	
Basketball	Girls	3 <sup>rd</sup> Place
	Boys	2 <sup>nd</sup> Place
Volleyball	Girls	2 <sup>nd</sup> Place
	Boys	2 <sup>nd</sup> Place

